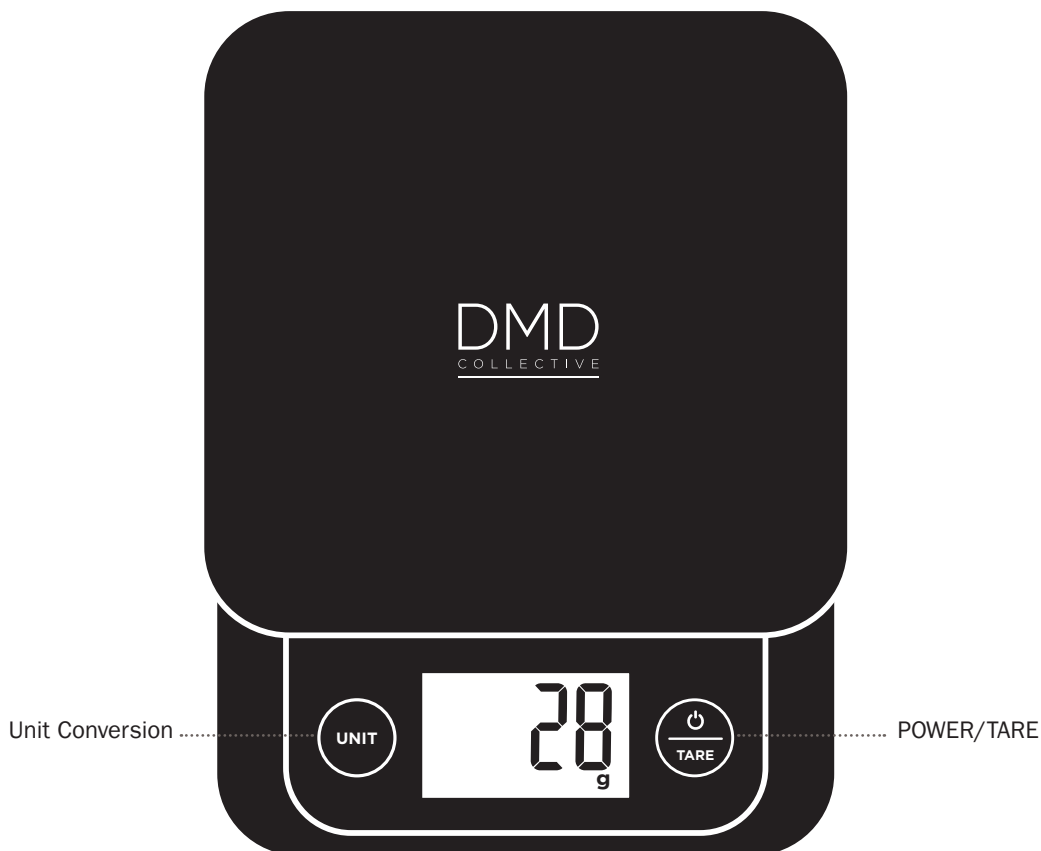


Smart Kitchen Scale

Information for use



Thank you for purchasing this Smart Kitchen Scale from DMD Collective.
Please read through ALL the information in this document and keep it for future reference.

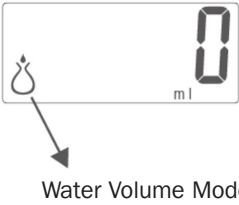
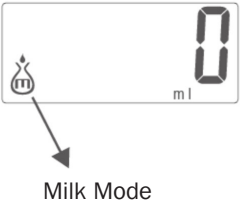
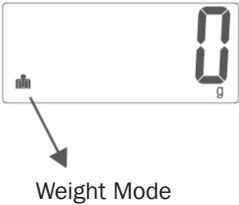
Health and Safety Guidelines

- Incorrect operation and improper use can damage the appliance and cause injury to the user.
- The appliance is intended for household use only. Commercial use invalidates the warranty, and the supplier cannot be held responsible for injury or damage caused when using the appliance for any other purpose than that intended.
- Do not use the appliance if it has been dropped or damaged in any way. If the unit is damaged, take it in for examination and/or repair by an authorized service agent.
- Never immerse the unit in water or any other liquid for cleaning purposes. Do not reach for an appliance that has fallen into the water.
- This appliance is not suitable for outdoor use. Do not use this appliance for anything other than its intended purpose.
- The manufacturer does not accept responsibility for any damage or injury caused by improper or incorrect use or for repairs carried out by unauthorised personnel.
- Always insist on the use of original spare parts. Failure to comply with the above-mentioned precautions and instructions will affect the safe operation of this machine.
- Before using the scale, ensure that it is positioned on a stable, flat, and level surface.
- To prevent any potential damage, please exercise caution and refrain from striking or dropping the scale.
- To maintain the optimal performance of the scale, avoid overloading it or placing heavy objects on it when it is not in use.
- Handle the scale with the utmost care, recognizing that it contains highly sensitive and precise electronic components.
- To prevent potential damage to the scale caused by battery leakage during prolonged periods of non-use, it is advisable to remove the battery.
- Keep the batteries out of reach of children.
- Do not mix old and new batteries with different compositions or of different brands in order to prevent possible leakage or explosion.
- Clean the scale with a soft damp cloth, do not use chemicals or harsh abrasives.

To Insert or Replace Battery

- On the base of the scale, gently remove the battery cover as per the arrow direction. And install 2x AAA batteries in the correct position & replace the battery cover.
- **Notice:** Please ensure that the batteries are inserted in the correct position, as any incorrect installation may result in irreversible damage to the electronic components of the scale.

LCD Display



Error Indication

The display will show a negative value if a weight has been removed from the scale. Please touch the "power/tare" button to clear the negative value until the display shows "0" again.



The "Lo" symbol on the display indicates that the battery power is running low. Please insert new batteries.



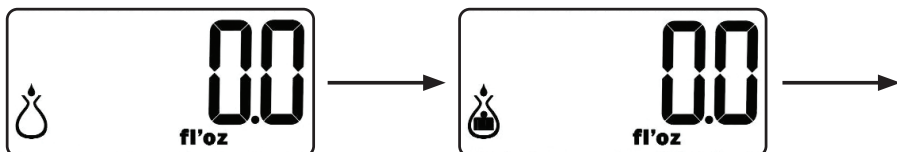
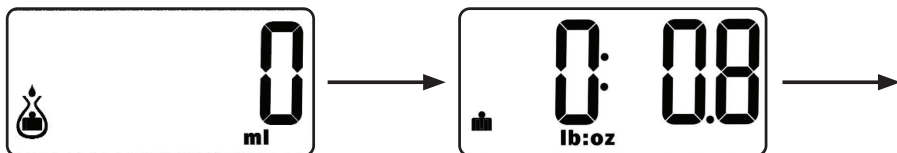
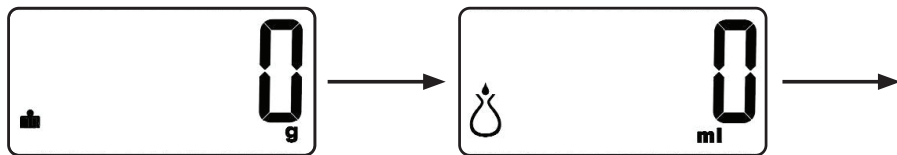
The "Err" symbol on the display indicates that the scale is overloaded. The maximum weight limit of this scale is 5kg.

Operation

1. Before use, place the scale on a solid, flat surface. Place any container or bowl (if any) on the scale before operation.
2. Gently touch the "power/tare" button to turn on the scale.
3. Wait until "0" is shown on the display.
4. Place the item to be weighed on the scale (or in the bowl if required). The LCD display will show the weight result.
5. After weighing, touch the "power/tare" button for three seconds to turn off the scale. Or leave the scale, and it will automatically power off within 2 minutes of inactivity.

Unit Conversion

1. While the scale is on, select the required unit by pressing the "unit" button until the correct unit is displayed. The scale will cycle between lb:oz/fl'oz (water mode), fl'oz (milk mode) g/ml (water mode), ml (milk mode).



Tare function

Imagine this scenario: You're about to weigh your dinner using the Smart Kitchen Scale, but you realize that the plate will contribute extra weight to your measurement. No need to go through the hassle of weighing the empty plate, then the full plate, and doing the calculations. With a simple press of the tare button after your empty plate is on the scale, the tare feature instantly resets the scale to zero and automatically subtracts the weight of the bowl or plate from your measurement. This convenient function ensures that you can easily view the precise weight of your portion without the need for any manual calculations.

1. Gently touch the "power/tare" button to turn on the scale.
2. Wait until "0" is shown on the display. Put the container on the scale platform.
3. The LCD display will show the steady weight of the container.
4. Touch the "power/tare" button to clear the weight of the container (reset to zero).
5. The lower-left corner will show the "tare weight" icon, which means the tare function is activated.
6. Add the items you want to weigh to the container.
7. The LCD will show the weight of the subject only.
8. Repeat touching the "power/tare" button to weigh new different ingredients.

Fitdays+ App

Download the free Fitdays+ App from the App store or Google play or scan the QR code on the information card provided.

System Requirements:

Android: 7.0 and up

iOS: 9.0 and up



App Operation

Download and install the Fitdays+ App on your device. Once the app is installed, the system will remind you to open the Bluetooth function first.

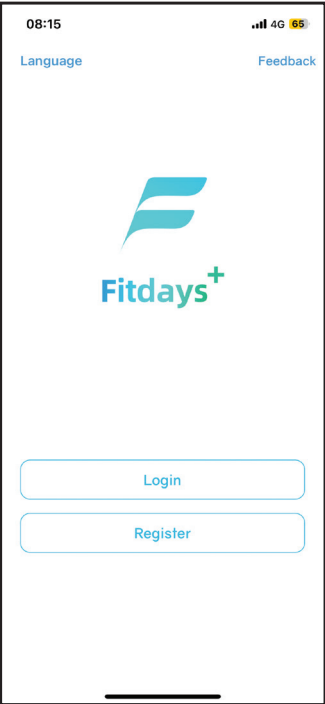


Fig. 1

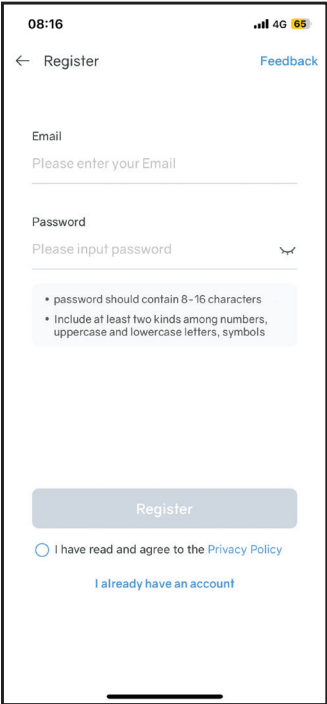


Fig. 2

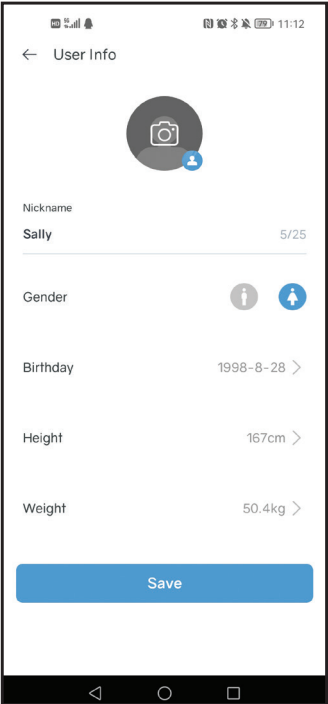


Fig. 3

1. Register your email account (Fig. 1 & 2). The app may send a verification code to your email. Please check your junk folder if you did not receive.
2. Add your personal data, age, height, gender to get an accurate result (Fig. 3).

Weighing & Nutritional Content Analyzer

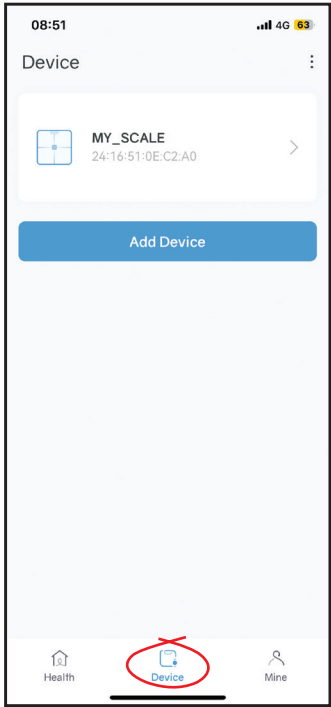


Fig. 4

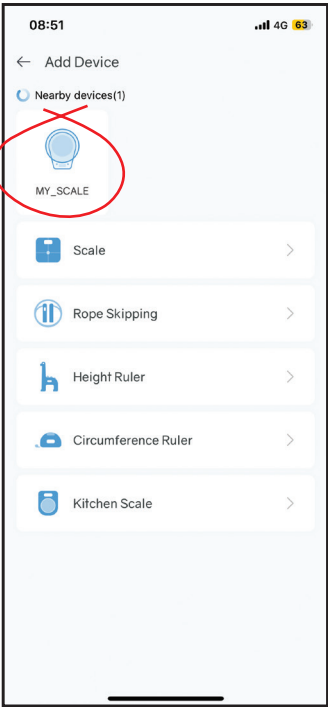


Fig. 5

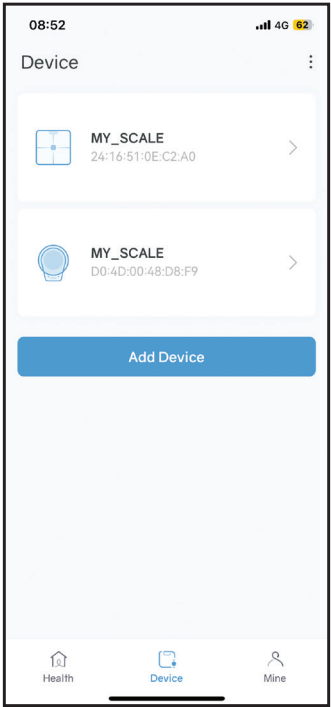


Fig. 6

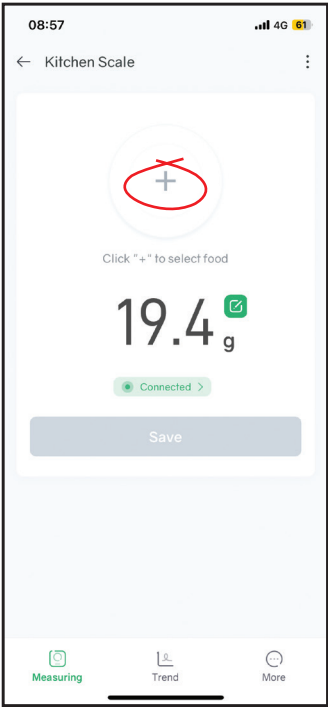


Fig. 7

1. Press the scale power button to turn on scale, then go to the "Device" page to add a new device. The app will search for nearby devices, Select the scale. (Figs. 4,5 & 6).
2. After connection with the scale, you can weigh the foods. (Fig. 7)
3. From the "Measuring" page (Fig. 7), touch the "+" icon, You can search the food you are weighing by inputting the food name, or you can search for it via the Nutrition Library (Fig. 8). There are currently 1600 types of food listed in the system. When you search out the food you need, press to check its content, and select it.

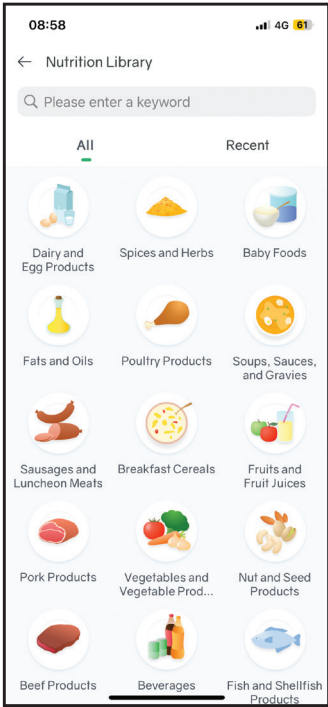


Fig. 8

Nutritional Composition Data

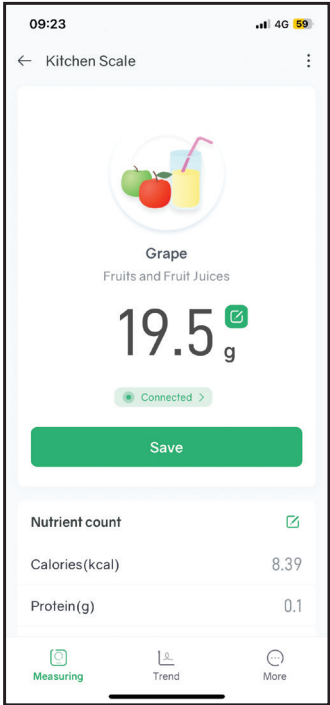


Fig. 9

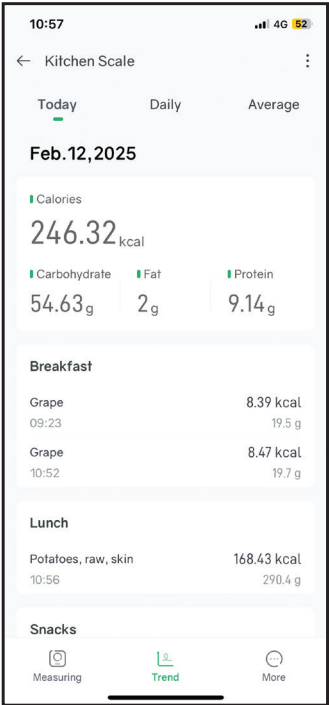


Fig. 10

1. After weighing, and selecting the food code info, the APP will show the nutritional composition data to you, including Calories, Protein, Fat, Carbohydrate. Dietary Fiber, Vitamin A, Carotene and etc, (Fig. 9) Press "Save" to add it to your daily record.
2. You can check the record for the food you have weighed by pressing "Trend". The "Trend" page will show you the values for today, daily & average (Figs. 10, 11 & 12).
3. On the "More" page, you have access to various functions, including device management, and unit switching (Fig. 13).

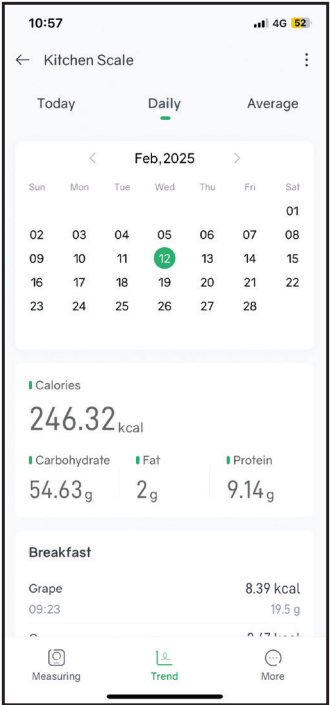


Fig. 11

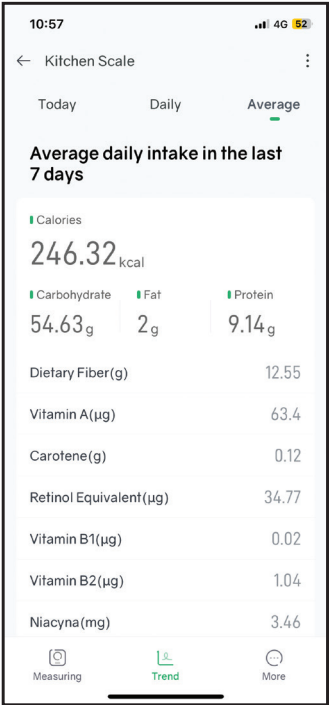


Fig. 12

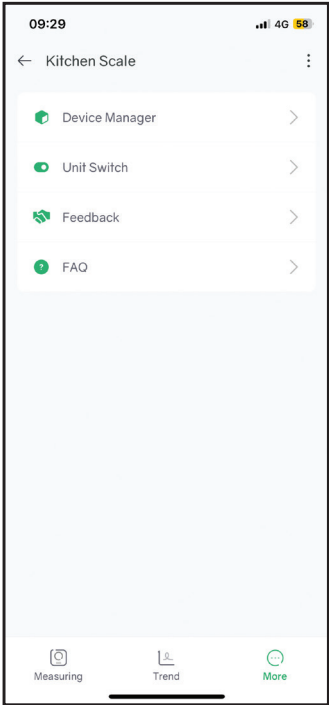



Fig. 13

Technical Support

If you require any technical support for your product within the warranty period, please contact us on **support@dmdcollective.co.uk** and provide the product name and supplier code (see Technical Specifications) along with the technical query and proof of purchase.

WEEE



The WEEE symbol  on this product means that this unit should be ethically dismantled or recycled to minimise environmental impact. Please check with your local authority for more information.

IMPORTANT: ADDITIONAL SAFETY INFORMATION

Warning: This product is not intended for use by children or individuals with reduced physical, sensory, or mental capabilities unless supervised by a responsible adult. Small parts may present a choking hazard. Always keep out of reach of children.

Technical Specifications

Product Name:	Smart Kitchen Scale with Nutrition Calculator App
Supplier Code:	DMD149
Capacity:	5KG/11LB
Power:	2x 1.5V AAA batteries (not included)



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